

YES-NO-MAYBE

BY ACADEMY OF RELATIONSHIP & SEX

How To Use This List

1. Find a neutral time & space to explore the list
2. Be Open-Minded
3. Be Non-Judgemental
4. Be Respectful of each other's decision
5. The list is non-exhaustive! You can add to the list!

HOT WARM UP!

Bathing together	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caressing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Compliments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dirty talk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dressing up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flirting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Foot massage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hair pulling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lap dance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Making out	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Massage inner thighs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Neck kissing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Phone sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sex toy shopping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sexting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spanking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Striptease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Temperature play	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Watch porn together	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wearing lingerie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OH MY!

Biting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blindfolds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bondage (giving)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climaxing together	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fingering Sex games	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Food play	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gags	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hand jobs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Licking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mutual masturbation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nipple play	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oral sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Orgasm denial	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Penis rings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Penis worship	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Period sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sex toy play	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Slow sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Squirting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tantric sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vulva worship	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

THAT'S WILD!

Anal rimming (giving)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anal rimming (receiving)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anal sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anal toys (receiving) Fisting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sex outside	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bondage (receiving) Group sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Candle play	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Choking (giving)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Choking (receiving) Handcuffs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cuckolding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deep throating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Edging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Facesitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Homemade porn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hot wax massage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Humiliation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Internal (G-spot) stimulation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Internal (prostate) stimulation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threesomes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Role-playing Anal toys (giving)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sex party	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strap-on play	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Swinging (or swapping)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

YES NO MAYBE

